

# SENIOR LIVING MOVE-IN QUICK CHECKLIST

## Before the Move

- Notify all necessary parties of change of address
- Give disconnect notice to service providers
- Transfer prescriptions if necessary
- Confirm all pre-move-in paperwork is complete
- Request a copy of the floor plan
- Ask for a list of items the community will provide
- Ask for a copy of the senior community rules
- Plan the layout of furniture and other decorative items
- Get packing materials (boxes, tape, etc.)
- Hire movers and set a moving date

## Sort & Organize Belongings

- Trash
- Donate
- Sell
- Bequeath

## Living Room

- Seating (small sofa, rocking chair, etc.)
- Small table(s)/storage cabinet
- Wall decor/curtains/clock
- Lamp(s)
- Throw blanket(s)

## Kitchen

- Small bistro table
- Microwave (if not provided)
- Mini fridge (if not provided)
- Dishes/glasses/silverware
- Cooking utensils
- Pots and pans
- Coffeemaker
- Trash can

## Bedroom

- Bed
- One or two nightstands
- One or two dressers
- Linens
- Curtains

## Bathroom

- Towels/shower curtain
- Small waste basket
- Laundry basket
- Personal hygiene/health/beauty items
- Hairdryer

## Personal Items

- Clothes
- Hangers
- Shoes and non-skid slippers
- Medications

## Cleaning Supplies

- Dish soap
- Dish cloths and drying rack
- Cleaning supplies
- Laundry detergent
- Dusting cloths

## Entertainment

- Television and radio/bluetooth speaker
- Telephone
- Desktop, laptop, tablet, or computer
- Hobby supplies



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THE CAMBRIDGE

ASSISTED LIVING & MEMORY CARE